

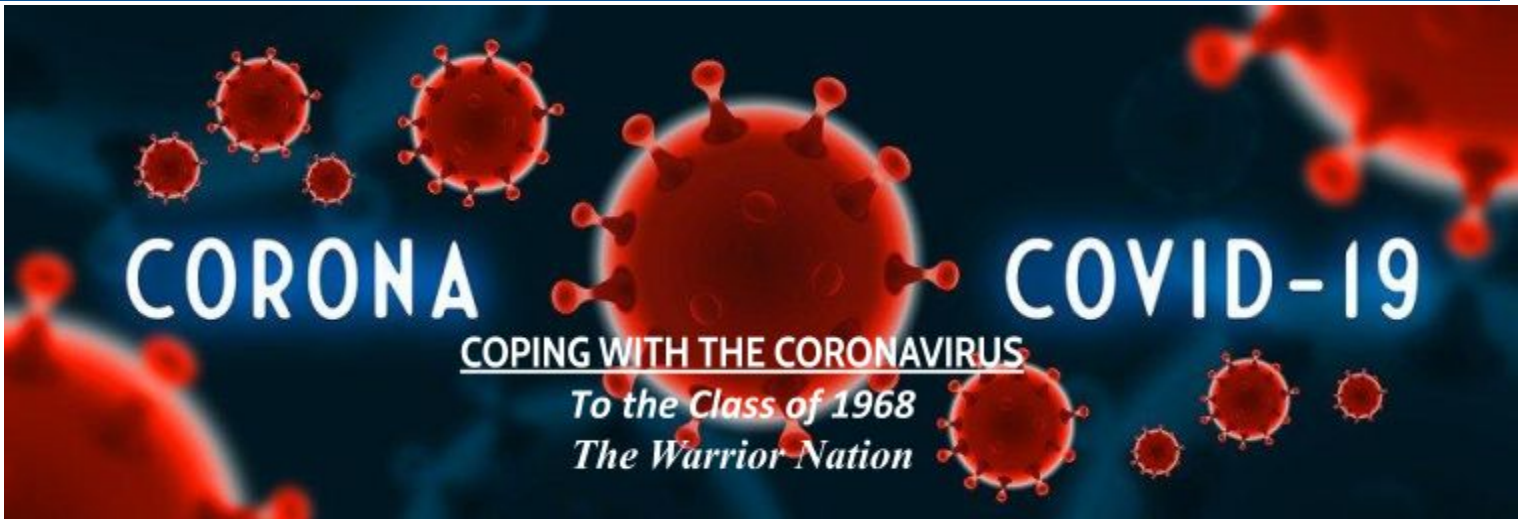


Class Notes

MAINE WEST NEWS AND EVENTS
For and of the Great Class of 1968

Contact Information on the last page.

March 2020



As I sit here and look out the window of my home office, I see no one milling about on the sidewalks of our neighborhood. An occasional walker strolls by and every once in awhile, I hear the sound of rubber on the road. In just a little over one hour from now, due to Governor Pritzker's Order, the entire state of Illinois will be subject to a "Stay at Home" directive. The Order is due to expire on April 7. Grocery stores, pharmacies and gas stations will remain open. Exercising outdoors is permitted and people can continue to pick up meals from restaurants,

even though the dine-in services were closed earlier this week.

I am in touch with my two daughters in California through this very remarkable app: Marco Polo. California's Governor declared the same order as New York, Illinois, and New Jersey and they are staying at home also, except in the same cases as Illinois. Both of my sons-in-law are working from home; my two sons, who live locally, are in the restaurant business and neither

of them is able to work. My part-time Enterprise Rental Car job is closed down until further notice and the last Trade Show that I was supposed to work at got canceled here in Chicago. I heard a news commentator mention that each time one of the trade shows or conventions gets canceled in Chicago, the city loses a minimum of \$5,000,000.00 just in sales tax.

We are fine for now. As we get closer to April 7, we shall see just how stir-crazy we are going to be. With the canceled sporting events and delayed seasons, reading the Good Book and reading other such good books is taking up some time.

I am interested in finding out how you all are faring during this time. Go to Maine West Class of 1968 Facebook Page and leave a comment as to how things are going for you. Please keep in touch with your Class Communications Coordinator (CCC) and remember to check in with others.

[The Eerie Empty Streets of Chicago](#). The video will also be listed on our Facebook page.

Our Condolences

We were saddened to hear of the death of Geoffrey Sorensen on February 27, 2020. Our deepest condolences to the surviving members of his family. There were plans being made to have a Memorial Gathering for Geoff until the Corona Virus forced all of the eating establishments to close and being encouraged to keep groups smaller than 10 people. We will attempt to get that done when this crisis ends.

This Month in History

- March 1, 1932 – The Lindbergh Baby Vanishes
- March 4, 1918 – “Spanish” Flu strikes and kills 100 Million
- March 5, 1946- Churchill warns of an “Iron Curtain” falling across Europe

WLS89 Hit Parade from March 25, 1968

1. I Will Always Think About You – The New Colony Six
2. Lady Madonna – The Beatles
3. Valerie-The Monkees
4. Young Girl - The Union Gap
5. Since You've Been Gone – Aretha Franklin
6. La La Means, I Love You – The Delphonics
7. Dock of the Bay – Otis Redding
8. Kiss Me Goodbye – Petula Clark
9. Simon Says – The 1910 Fruitgum Company

Keep in touch,

JC

Susan's Musans



... Thoughts and Memories from Susan Calabrese DeMerit

Hello, everyone!

This is definitely a time we have never experienced before and hope you are well and safe.

This can be a time of reflection and re-setting our way of thinking. Not only am I cherishing our past, but I'm also looking ahead to focus on the good times to come and they will. Daily I've been challenging myself to come up with new things to do. It helps ease the tension of our current situation. Here are a few that you may find helpful as well.

Every day I use the stationary bike as part of my physical therapy (hip replacement). A minute can feel like 10 minutes, so I came up with a way to make the time fly by. I watch Disneyland ride videos on my cellphone. Pirates of the Caribbean is a 16-minute ride. That is enough time to make it through my routine and fun to reminisce about the days of visiting Disneyland. There are rides I was never able to go on, like Splash Mountain because of my fear of heights, but so wanted to. Now, I can watch, pedal, and feel the sensation of going down the steep water slide without sweating fear or getting wet!

A few more to help our minds ease, catch original game shows like Match Game, from the early 70's on the Gameshow Network, the answers will surprise you!, go through your books and set aside those you've read and no longer need, open a cookbook and make something you have never made before, bird watch and feed the critters, they could use our help too, every day find one item you no longer need or want to donate to a charitable cause, go through your yearbooks or look up old friends on Facebook, write down how you are feeling right now and think about what interaction do you treasure most at this moment.

And, take care of YOU and your loved ones. We never needed each other more than we do now.

Love and hugs to all ... Susan D.

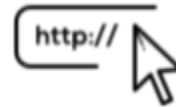
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Social Media Links



Facebook:

<https://www.facebook.com/MaineWest1968>

Class Website:

<http://mainewest1968.weebly.com/>

Alumni Site:

<http://mainewestalumni.org/>

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